

# SEX

WHAT'S THE PROBLEM?

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# Genesis 1:26-28

26 Then God said, “Let us make man in our image, in our likeness, and let them rule over the fish of the sea and the birds of the air, over the livestock, over all the earth, and over all the creatures that move along the ground.”

27 So God created man in his own image, in the image of God he created him; male and female he created them.

28 God blessed them and said to them, “Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish of the sea and the birds of the air and over every living creature that moves on the ground.”

*The Holy Bible : New International Version. 1996, c1984  
Zondervan: Grand Rapids*

# SEX

- God made us sexual beings
- Being male and female is part of what it means to be created in God's image
- Sex is an important aspect of who we are not just one of the things we do

# SEX

- In Genesis we see that there was no shame about the physical differences between men and women

The man and his wife were both naked, and they felt no shame. Gen. 2:25

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. Zondervan: Grand Rapids*

# SEX

- The Old Testament sees nothing shameful in physical expressions of lovemaking

May your fountain be blessed, and may you rejoice in the wife of your youth.

A loving doe, a graceful deer— may her breasts satisfy you always, may you ever be captivated by her love. Proverbs 5:18-19

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# SEX

- Paul expresses similar attitudes about sexual expression

# I Timothy 4:3-5

They forbid people to marry and order them to abstain from certain foods, which God created to be received with thanksgiving by those who believe and who know the truth. For everything God created is good, and nothing is to be rejected if it is received with thanksgiving, because it is consecrated by the word of God and prayer.

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# I Corinthians 7:3-5

The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. The wife's body does not belong to her alone but also to her husband. In the same way, the husband's body does not belong to him alone but also to his wife. Do not deprive each other except by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control.

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# What is sex for?

- Genesis 1– Sex is for procreation
- Genesis 2– Woman was made to fill what was missing in man, a relationship vacuum

# Genesis 2:18-24

The Lord God said, “It is not good for the man to be alone. I will make a helper suitable for him.” Now the Lord God had formed out of the ground all the beasts of the field and all the birds of the air. ...But for Adam no suitable helper was found...Then the Lord God made a woman from the rib he had taken out of the man, and he brought her to the man.

# Genesis 2:18-24

The man said,  
“This is now bone of my bones  
and flesh of my flesh;  
she shall be called ‘woman,’  
for she was taken out of man.”

For this reason a man will leave his father and  
mother and be united to his wife, and they will  
become one flesh.

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# SEX, THE DARK SIDE

- Disobedience spoiled sex along with the other aspects of human life

# Genesis 3:7-10

Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

Then the man and his wife heard the sound of the Lord God as he was walking in the garden in the cool of the day, and they hid from the Lord God among the trees of the garden. But the Lord God called to the man, “Where are you?”

He answered, “I heard you in the garden, and I was afraid because I was naked; so I hid.”

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# SEX, THE DARK SIDE

- Nudity became a matter of embarrassment and fear
- Relationships once based in trust and tenderness were changed by harshness and betrayal

# SEX, THE DARK SIDE

- Hence, the prohibition against extramarital intercourse
- The Bible does not argue against extramarital sex with consequences or motives
- It is wrong Biblically because the body was not intended for sexual immorality, it is a sin against one's own body

# 1 Corinthians 6:13, 18

“Food for the stomach and the stomach for food”—but God will destroy them both. The body is not meant for sexual immorality, but for the Lord, and the Lord for the body.

Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body.

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# SEX, THE DARK SIDE

- Extramarital intercourse includes:
  - Pre-marital sex
  - Sexual fantasy about women to whom you are not married
  - Pornography, other forms of voyeurism
  - Masturbation to fantasy of women to whom you are not married
  - Affairs
  - Prostitution

# SAFE FORMULA

- SECRETIVE
- ABUSIVE
- FEELINGS, LACK OF EMPATHY
- EMOTIONS, NEGATIVE

# DOES THE DEVIL MAKE YOU DO IT?

...but each one is tempted when, by his own evil desire, he is dragged away and enticed. Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

James 1:13, 14

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- The origin of the problem is desire
- The means is your own imagination
- The result is sexual sin
- The consequence is devastation of your relational reality